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1. A medical arm securing device for securing the arms of an immobile patient, comprising:

- a main member;
- a first slot extending into an upper portion of said main member; and
- a second slot extending into said upper end of said main member, wherein said slots receive the wrists of an immobile patient.

2. The medical arm securing device of Claim 1, wherein said slots are substantially parallel to one another.

4. The medical arm securing device of Claim 3, wherein said arms are substantially parallel to one another.

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6. The medical arm securing device of Claim 1, wherein said main member is comprised of a non-porous material.

7. The medical arm securing device of Claim 1, including a securing slot extending into a lower portion of said main member for removably receiving a strap.

8. The medical arm securing device of Claim 7, including a cutout at an inner end of said securing slot.

9. The medical arm securing device of Claim 7, wherein said securing slot is straight and extends into said main member at an angle.

10. The medical arm securing device of Claim 1, wherein said main member with said slots has an E-shape.

11. A medical arm securing device for securing the arms of an immobile patient, comprising:
a main member;
a first slot extending into an upper portion of said main member;
a second slot extending into said upper end of said main member, wherein said slots receive the wrists of an immobile patient;
a plurality of notches on opposing ends of said main member; and

1 a band member positionable within selected said notches.

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4 12. The medical arm securing device of Claim 11, wherein said slots are
5 substantially parallel to one another.

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8 13. The medical arm securing device of Claim 11, wherein said slots form a
9 first arm, a second arm and a third arm.

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12 14. The medical arm securing device of Claim 13, wherein said arms are
13 substantially parallel to one another.

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16 15. The medical arm securing device of Claim 14, wherein said main member
17 has a rear portion that is positionable adjacent an immobile patient.

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20 16. The medical arm securing device of Claim 11, wherein said main member
21 is comprised of a non-porous material.

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24 17. The medical arm securing device of Claim 11, including a securing slot
25 extending into a lower portion of said main member for removably receiving a strap.

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28 18. The medical arm securing device of Claim 17, including a cutout at an
29 inner end of said securing slot.

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3 19. The medical arm securing device of Claim 17, wherein said securing slot is

4 straight and extends into said main member at an angle.

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7 20. The medical arm securing device of Claim 11, wherein said main member

8 with said slots has an E-shape.